



Continuing Professional Development Requirements for Professional Members and Referred Teachers

Professional Practitioners and Teachers are required to complete 20 hours of CPD activities each year, which must include some contact hours. All CPD activities should be accurately logged using the attached form. Once the log is verified by a committee member, it must be submitted together with the practitioner's annual Membership Renewal.

Accepted CPD Activities

The following list outlines a range of activities that are accepted for inclusion in the CPD log. The activities and courses are ones that enhance or inform your Reiki practice. It is important to note that a certain portion of these hours must be dedicated to supervised treatments.

The CPD must be verified by obtaining a signature from a committee member. This process confirms that your professional development has been reviewed.

Required Activities:

- Attendance at 2 Reiki Association activities per year
- Supervised treatments

Suggested Activities:

- **Volunteering in the Community:** eg the Cancer Council, MNO, Kalparrin, and Solaris Care.
- **Attendance at Reiki Conferences/Gatherings/Retreats:** eg the Annual Reiki Day, Annual Retreat, Monthly Shares.
- **Personal Development Activities with Formal Certification:** Completion of additional Reiki courses or levels, as well as obtaining qualifications such as Senior First Aid and CPR. Including re-qualifications such as CPR re-qualification.
- **Personal Development Activities without Formal Certification or Assessment:** Participation in Reiki Practice Days and sharing groups.

- **Other Meetings or Activities that Complement and Increase Skills:** Engagement in Tai Chi, Yoga, meditation, Ayurveda, or the use of social media, provided these are not part of daily practice.
- **Publication of Articles:** Writing and publishing articles in newsletters, magazines, or the RA(WA) website.
- **Business Management Courses:** Courses in book-keeping, accounting, or marketing for Reiki businesses.
- **Case Studies, Reflective Learning, and Workshops:** Activities that stimulate research, reflection, or lead to changes in personal practice, such as communication with clients and other health professionals or understanding client confidentiality.
- **Committee and Internal Work for the Association:** Participation in RA(WA) meetings, marketing initiatives, or website development.
- **Self-Directed Distance Learning Projects:** Engaging with webcasts, journals, books, podcasts, or websites. Followed by a recommendation.
- **Subscriptions to Reiki-Related Sites:** eg the Australian Reiki Connection.
- **Participation in Industry Research:** Engagement in research projects relevant to the field.



Continuing Professional Development Log

Describe Activity/Treatments	Hours	Supervisor

Committee member's signature _____ Date: _____