



Continuing Professional Development Log

Professional Practitioners require 20 points per year.

You may select activities and courses that inform/improve your practice, but some of these hours must be supervised treatments.

Your CPD must be signed by a committee member.

Describe Activity/Treatments	Hours	Supervisor

Committee Member Signature _____ Date _____



Continuing Professional Development Log

Below is an extensive, but not exhaustive, list of the activities accepted in the CPD log:

- **Volunteering in community** - eg Cancer Council , MNO, Kalparrin, Solaris Care.
- **Attend a Reiki Conference/ Gathering/Retreat** - eg Annual Reiki Day, Teachers' Gathering, Reiki Conference.
- **Undertake personal development activities with formal certification, which complement original qualification** - eg Additional Reiki course/level, Senior First Aid & CPR qualification.
- **Re qualification** (as above) - eg CPR re-qualification.
- **Undertake personal development activities without formal certification or assessment** - eg Reiki Practice Days, Sharing groups.
- **Other meetings/activities that complement and increase skills** (not daily practice) - eg Tai Chi, Yoga, meditation, Ayurveda, Social media.
- **Publication of an article in Newsletter or RA(WA) website** - eg Newsletter, Magazine publication.
- **Business Management Course** - eg Book-keeping/accounting. Marketing your Reiki Business.
- **Case studies/reflective learning/workshops that stimulate research/reflection/changes in personal practice** - eg Communication with clients and other health professionals. Understanding Client Confidentiality.
- **Committee & internal work for the Association** - eg RA(WA) meetings, marketing/website development.
- **Self-directed distance learning projects using webcasts/ journals/books/ DVD/websites** - eg www.usuireiki-ogm (Phyllis Furomoto / Paul Mitchell).
- **Subscriptions to Reiki-related sites** - eg Australian Reiki Connection.
- **Participate through Reiki in charity events and causes that promote and profile Reiki and uphold integrity of the profession** - eg Kalparrin weekend, Cancer Council monthly healing sessions.
- **Participate in industry research** - eg Research projects.